

PARENT  
MEETING

9/5/2023



# PARENT CODE OF CONDUCT

## PRACTICE CONDUCT

- I WILL DO MY BEST TO HAVE MY ATHLETES TO PRACTICE IN A TIMELY MANNER.
- I WILL NOT STEP ON THE POOL DECK DURING PRACTICE SO COACHES CAN CONDUCT A QUALITY PRACTICE.
- I WILL NOTIFY THE HEAD COACH IF WE WILL BE TAKING A MONTH OFF FROM THE TEAM BY THE 25<sup>TH</sup> OF EACH MONTH.



# PARENT CODE OF CONDUCT

## MEET/TEAM CONDUCT

- I WILL SET THE RIGHT EXAMPLE FOR OUR CHILDREN BY DEMONSTRATING SPORTSMANSHIP AND SHOWING RESPECT AND COMMON COURTESY AT ALL TIMES TO THE TEAM MEMBERS, COACHES, COMPETITORS, OFFICIALS, PARENTS AND ALL FACILITIES.
- I WILL GET INVOLVED BY VOLUNTEERING, OBSERVING PRACTICES, CHEERING AT MEETS, AND TALKING WITH MY CHILD AND THEIR COACH ABOUT THEIR PROGRESS.
- I WILL REFRAIN FROM COACHING MY CHILD FROM THE STANDS DURING PRACTICES AND MEETS.
- I UNDERSTAND THAT CRITICIZING, NAME-CALLING, USE OF ABUSIVE LANGUAGE OR GESTURES DIRECTED TOWARD COACHES, OFFICIALS, VOLUNTEERS, AND /OR ANY PARTICIPATING SWIMMER WILL NOT BE TOLERATED.
- I WILL RESPECT THE INTEGRITY OF ALL OFFICIALS.
- I WILL DIRECT MY CONCERNS TO FIRST TO THE HEAD COACH OF RED DRAGON SWIMMING; THEN, OF NOT SATISFIED, TO THE APPROPRIATE SUPERVISOR.



# COMMUNICATION

- EMAIL
- TEAM SOCIAL MEDIA
  - FACEBOOK PAGE
  - PARENT FACEBOOK GROUP
  - INSTAGRAM



# REGISTRATION

## TEAM REGISTRATION

### MONTHLY DUES

- BEGINNER MINIS: \$50
- ADVANCED MINIS: \$65
- BRONZE: \$75
- SILVER: \$75
- GOLD: \$85

### USA LSC REGISTRATION

- ALL TYPES: \$10
  - PART OF YOUR FIRST PAYMENT FOR REGISTRATION

## USA REGISTRATION

- PREMIUM: \$70
- FLEX: \$20

**DO NOT REGISTER FOR ANYTHING OTHER THAN PREMIUM OR FLEX.**

WE WILL ONLY BE OFFERING THIS MEMBERSHIP TO OUR BEGINNER MINIS AND ADVANCED MINIS. THIS MEMBERSHIP WILL ONLY ALLOW ATHLETES TO ATTEND TWO NONCHAMPIONSHIP LEVEL MEETS. FAMILIES ARE RESPONSIBLE FOR UPGRADING THEIR ATHLETES IF THEY WOULD LIKE TO ATTEND MORE MEETS. IF FAMILY FAILS TO UPGRADE ATHLETES 72 HOURS BEFORE ATTENDING A THIRD MEET OR CHAMPIONSHIP LEVEL MEET, FAMILY WILL BE BILLED THE PENALTY PAYMENT ISSUED BY MINNESOTA SWIMMING AND USA SWIMMING.



# APPS TO HAVE ON YOUR PHONE

## MEET MOBILE

- ACCESS TO MEET TIMES AND REAL TIME UPDATES ON MEET RESULTS

## SPORTSENGINEMOTION

- ACCESS TO ALL OUR TEAM EVENTS
- RSVP FOR EVENTS
- PRACTICE SCHEDULE
- TEAM REGISTRATION
- MEET RESULTS
- TIME STANDARDS
- MEET ENTRIES

## USA SWIMMING

- ACCESS TO YOUR USA SWIMMING ACCOUNT
- USA REGISTRATION
- UPGRADE REGISTRATION

*THIS APP IS REPLACING DECK  
PASS!*



# PRACTICES

- ATHLETES CAN NOT ARRIVE NO MORE THAN 15 MINUTES BEFORE START OF PRACTICE (6:35PM)
- ATHLETES AND PARENTS MUST REMAIN IN STANDS UNTIL 6:50PM. PLEASE DO NOT STAND ON THE BLUE MATS OR THE POOL DECK.
- ALL EQUIPMENT BAGS NEED TO STAY WITH ATHLETES IN THE BLEACHERS UNTIL 6:50PM.
- ATHLETES ARE NOT ALLOWED TO USE PULLUP BARS OR ANY OTHER EQUIPMENT IN THE MSUM FACILITY OUTSIDE OF RED DRAGON PRACTICE AND IS APPROVE TO BE USED. ONLY RED DRAGON COACHES ARE ALLOWED TO USE ANY EQUIPMENT THAT IS APPROVED BY MSUM.



# EQUIPMENT FOR EACH PRACTICE GROUP

PLEASE WRITE YOUR ATHLETES NAME ON ALL THEIR EQUIPMENT!!!

## MINIS

- EQUIPMENT BAG
- KICKBOARD
- PULLBOUY

## BRONZE

- EQUIPMENT BAG
- KICKBOARD
- PULLBOUY
- PADDLES

## SILVER

- EQUIPMENT BAG
- KICKBOARD
- PULLBOUY
- PADDLES
- SNORKEL

## GOLD

- EQUIPMENT BAG
- KICKBOARD
- PULLBOUY
- PADDLES
- SNORKEL
- FINS

WE WILL BE GIVING ALL ATHLETES/FAMILIES THIS MONTH TO PURCHASE EQUIPMENT AND WE WILL START USING IT IN OCTOBER. ALL ATHLETES ARE REQUIRED TO BRING THEIR EQUIPMENT BAG EACH DAY.





# WEBSITE OVERVIEW

- MAJORITY OF INFORMATION YOU NEED WILL BE ON OUR WEBSITE. PLEASE UTILIZE THIS AS IT HAS EVERYTHING YOU NEED! THIS INCLUDES
  - MEET SCHEDULE AND MEET FEES
  - TEAM RECORDS
  - MONTHLY DUE FEES
  - TEAM EVENTS
  - PACKING LIST FOR MEETS
  - HANDBOOK
  - SAFESPORT FORMS (TRANSPORTATION, COMPETITION, LODGING)
  - ONLINE STORES
  - SPONSORSHIPS

